

High Commission of India
Mbabane, Eswatini

6th International Day of Yoga 2020 celebrations in Kingdom of Eswatini

High Commission of India celebrated 6th International Day of Yoga 2020 on 21st June at 0700 Hrs at High Commissioner's residence with participation from local community, Indian Diaspora and High Commission officials and their families. The event was covered by the Eswatini TV. The International Day of Yoga has been celebrated throughout the month of June 2020 by sharing the videos and pictures of yogic poses performed by the Indian Diaspora as well as the local community on social media. 30 Second Videos created by AYUSH are being displayed on 10 digital screens all over the city in Mbabane and Manzini throughout the month of June, 2020. Posters, banners on International Day of Yoga 2020 created by High Commission were displayed at various places in the city of Mbabane and Manzini. The Prime Minister's message on International Day of Yoga and Spirit of Yoga video by ICCR and 3D animated yoga videos of Hon'ble Prime Minister Narendra Modi has been widely shared on social media and through Whatsapp with the Cabinet Ministers, Members of Parliament, UN Family and Emaswati friends. Royal Eswatini Army, Royal Eswatini Police Service, Royal Eswatini Correctional Services, Ministry of Sports and Youth Affairs, UN Family, Indian Diaspora and HCI Family joined in doing Yoga from Home and have shared videos and photographs with the High Commission. Flash drives containing Common Yoga Protocol video, Leaflets, Spirit of Yoga by ICCR and other Yoga Videos with International Day of Yoga Logo have been distributed among entire Cabinet, all Principal Secretaries and Members of Parliament. Articles on Yoga penned by High Commissioner has been shared with the Sunday Observer and Times of Eswatini.

Mbabane
June 21, 2020